COVID-19 PREVENTION PROCEDURES
WHILE WORKING ON A CONSTRUCTION SITE

Hygiene Practices

Clean your hands with soap and water for 20 seconds – before you eat and at the end of the workday, during the workshift whenever possible, and when you get home from work.

- Do not shake hands; avoid physical contact.
- Do not share food, drinks, cigarettes, personal hands tools.
- Do not touch your face, eyes, nose, mouth with unwashed hands (i.e., smoking, drinking water, eating, etc.)
- Follow good respiratory etiquette by covering your mouth and nose with a disposable tissue or the crease of your elbow when you sneeze or cough.
- Regularly clean and disinfect commonly touched surfaces and tools.

Project Orientations

- Limit the number of persons in the orientation – a chair spacing between workers. This may require hosting the video orientation sessions more often. Where practical, move orientation outdoors and conduct a verbal orientation – reinforce physical distancing.
- Use the BCCSA Health Screening Tool to verify that workers are not feeling sick and so they are aware of what the symptoms are so they can self-monitor.
- Disinfect used pens, tables, chairs after each orientation.
- As part of the verbal orientation, discuss:
  - Physical distancing of 2 meters.
  - Hygiene, and location of hand washing and hand sanitization stations.
  - What the company is doing at the site to promote a safe workplace and remind them that their health is important to us.
  - Where the safety posters are located.
  - The importance of reporting to their supervisor if they are feeling unwell and leaving the project.

Health Verification of Workers

- At start of shift, Supervisor to confirm the health status of contractor workers through discussion with Contractor supervisor and notify HSE Manager of any issues. Document issues.
- Supervisor, each day, to ask for updates of workers that have left the site for self-isolation. Document changes.
- At end of shift, Supervisor to confirm the health status of contractor workers through discussion with Contractor supervisor and notify HSE Manager of any issues.
- If a worker on-site is exhibiting symptoms of COVID-19, direct them to go home and use the BCCDC COVID-19 Self Assessment Tool. Document this incident and clean and disinfect any surfaces in the area where the worker was working. If the worker is confirmed to have COVID-19, further cleaning may be required by a professional remediation team.
Health Verification of Visitors Prior to site Access

• Question all site visitors on the current status of their health – use BCCSA Health Screening Tool.
• All site visitors (owner, consultants, inspectors, etc.) should limit site visits unless necessary for Business Continuity reasons. If visits are required, please:
  a. Give site representatives 24 hours’ notice that you are visiting the site.
  b. Practice physical distancing (2 meters).
  c. Avoid entry into site offices and the first aid trailer unless required.
  d. Visitors should not use the construction hoist or the temporary construction elevators where possible.

Receive and Review Contractor COVID-19 Plan

• How is their plan being applied to their Subcontractors?

Hoist Operations

• The Provincial Health Officer has directed construction worksites to limit hoists to 4 occupants.
• Outside the hoist: Post signage that limits the number of occupants to 4 people at any time. Also post signage to remind workers to maintain physical distancing of 2m (6.5 ft) while they are waiting to enter the hoist. Consider placing tape or markings on the ground to show workers where to stand to maintain physical distancing while lining up to enter the hoist. Workers should enter and exit one by one to avoid crowding during these times.
• Inside the hoist: Maintain physical distancing (as best as possible) and reduce the number of passengers to four (including the operator). Passengers should not directly face each other to avoid being inside each other’s breathing zone. For example, passengers could face the outside of the hoist.
• Operator and occupants may wear non-medical masks (e.g. cloth masks) to reduce the risk of asymptomatic transmission. See BCCSA document “What if physical distancing is not possible” for more information about non-medical masks.
• Routinely disinfect commonly touched items – call buttons, door handles, etc.
• Use stairs instead of the hoist when possible if this allows physical distancing.

Project Radios

• Disinfect radios at start of shift and regularly throughout the shift.

Stairwells

• Avoid passing each other on the stairs. Wait on the landing until person has exited stairs.
• Consider designating directional stairs if possible. If there are separate up and down stairs this will reduce the possibility for people to pass each other on the stairs.
**When wearing gloves**

- Do not touch your face, eyes, or mouth.
- Make sure that hands are washed thoroughly or disinfected with hand sanitizer as soon as possible after gloves are removed.

**Meetings at Site**

- Hold outside in open areas.
- Where possible conduct meetings by phone or web-conferencing.

**Project Offices/Trailers**

- Restrict Access. Place contact information (phone #) outside on door.
- Limit the number of workers or restrict who is allowed to enter these offices.
- Maintain the physical distance requirements.
- Do not touch items – “keep your hands to yourself”.
- Do not share keyboard or mouse, pens, clipboards or documents.
- Disinfect commonly touched items like door handles, chairs, tables, etc.
- Handrails leading up to the trailer or office: Do not slide your hand down them. Routinely disinfect.
- Have workers whose roles permit work from home.

**Lunchroom**

- Provide handwashing stations in or near lunchrooms.
- Post signage to remind workers to wash or disinfect their hands before and after eating.
- Stagger coffee/lunch breaks to reduce the number of workers in the lunchroom at the same time.
- Maintain physical distancing by staggering seating arrangement, or don’t eat in the lunchroom
- Remove garbage often.
- Routinely disinfect the tables and other commonly handled items.
- Ensure sufficient fresh air supply to reduce “recirculating” the air inside the lunchroom. Set-up neg air if required.
- Separate PPE and clothing that is hung up in the lunchroom to avoid touching.
- If you have to take your spare work clothing home, place it in a plastic bag and do not take it out of the plastic bag until it goes into the laundry to be washed – ideally separately.
Work Locations

- Maintain physical distancing between workers.
- Stagger work crews to reduce the number of people on site, if possible
- Where possible, reduce the number of partner workers.
- Don’t mix workers on crews.
- Post signage promoting proper physical distancing protocols.

Tools

- Avoid sharing tools or equipment.
- If you have to share equipment, clean and disinfect points of contact on the equipment.

Example: on a shared extended work platform, before use wipe down controls, gate, guardrails and any other parts touched by hands. Disinfect it when you are done.

First Aid Treatment

- If conscious and capable of answering, ask the worker the BCCDC COVID-19 Self Assessment Tool questions to verify current status of their health.
- Workers who are exhibiting symptoms of COVID-19 should be isolated from other workers until they are able to be transported home or to a health-care facility
- Workers who are exhibiting symptoms of COVID-19 should wear a surgical mask while they are in isolation and during transportation to reduce the spread of droplets from their exhalations, coughs or sneezes. If a surgical mask is not available a cloth face covering could be used. The area should be cleaned and disinfected as soon as possible after treatment has completed.
- See BCCSA document “Occupational First Aid Attendant COVID-19 Protocols” for more information and PPE requirements.

Handwashing and Hand Sanitizing Stations


If hand-washing stations are not practicable, hand sanitizer stations may be installed. Make sure that wipes are provided to allow people to remove dirt and soiling from hands prior to sanitization.
Receiving Packages

- Maintain physical distancing (2 meters) during the delivery.
- Request a contactless delivery if possible. This involves the delivery driver leaving the package in a pre-arranged location. This may not be an option if signing or proof of receipt is required.
- Request that the driver place the package down rather than handing the item directly to you.
- Avoid the use of shared materials including pens. If required to use a stylus or your finger to sign for receipt of the delivery, wipe down the keyboard before use and wash hands immediately after receipt of the package.
- Open the package outside if possible. Dispose of the packaging immediately. Wash hands.
- Clean and sanitize any touch surfaces that the package came into contact with such as table tops, counters, or indoor floors.

Worker Transportation

- Avoid carpooling whenever possible.
- If workers need to travel together in vehicles, consider reducing the number of workers per vehicle and staggering seating so that workers can maintain as much distance from one another as possible.
- If physical distancing is not possible in a vehicle other control measures should be used, such as PPE. See the BCCSA Document What if physical distancing is not possible.
- Physical distancing should be maintained while exiting and entering the vehicle.
- Workers should wash or sanitize their hands before entering and upon exiting the vehicle when travelling together.
- High contact surfaces within vehicles should be cleaned regularly (e.g. seatbelts, headrests, door hand).

Washrooms

- Washroom facilities must be provided for workers and maintained in proper working order.
- Washrooms should be cleaned and disinfected at least once daily.
- Handwashing or hand sanitizing stations must be available at all washrooms.
- WorkSafeBC G4.85(1)-1 guidance for sufficient washroom requirements must be followed.
  - 1 washroom for 9 or fewer workers.
  - separate washrooms for male and female washrooms if there are more than 9 workers.
  - In each male and female washroom, one toilet for 9 or fewer workers, 2 toilets for 10 - 24 workers, 1 more toilet for each 25 additional workers. Urinals may be substituted for half the recommended number of toilets in male washrooms.